



# ALS

Amyotrophic Lateral Sclerosis, Lou Gehrig Disease, Ice Bucket Challenge

- **Destroys muscles**
- **Takes away use of hands and arms, legs, speech, the ability to eat and swallow, and ultimately, the ability to breathe**
- **By the age of 85, the lifetime risk of ALS is about 1 in 250 for men and 1 in 400 for women.**



**CHANGE THE  
FUTURE OF  
ALS**

→ **Typical survival: 3 to 5 years**

ALS is not incurable ... research is just underfunded.  
**Join the fight to find the cure.**

***Together, we will CURE ALS!***